

LUBLIN WALTZ
(Poland)

This dance was learned in Poland in 1963 by Lucy Wnuk. It was taught to her by Agnieszka Sądźimir, folk instructor at the Cultural Center in Warsaw. Lublin is a city in the South-eastern part of Poland.

Music: Record: Bruno BR 50137 "Polish Country Dance Party in Hi-Fi" - Side A, Band 5 (Walcerek od Łowicza).

Formation: Single circle of cpls facing LOD, W on M R Side.
M and W are on same ft throughout the dance.

<u>Measures</u>	<u>Pattern</u>
	I. <u>LIFTS & WALTZ</u>
1	Step on R to R (ct 1); lift L in front of R, toe pointed (ct 2); bent knee; hold (ct 3).
2	Repeat with opp ftwork.
3-4	Dance 2 waltz stps LOD.
5-6	Repeat action measure 1-2.
7-8	Drop hands and dance 2 waltz stps CW in small individual circle.
9-16	Repeat action of meas 1-8 except on last meas. M turns to face ptr, she bows.
	II. <u>BALANCE</u>
1	Join R hands, dance 1 balance stp fwd.
2	Dance 1 balance stp bwd.
3-4	Exchange places with 2 waltz stps, turning CW passing L shoulders.
5-16	Repeat action of meas 1-4 three more times (except on meas 16 M holds on count 2, weight on R ft; ptrs take ballroom pos).
	III. <u>WALTZ AND TURN</u>
1-8	Dance 8 waltz stps in LOD.
9-16	W turns under M's L arm 4 times continuing LOD.
	IV. <u>LIFTS</u>
1-16	Repeat action of Fig. I.
	V. <u>BALANCE</u>
1-16	Repeat action of Fig. II.
	VI. <u>DOUBLE LIFTS</u>
1-4	Repeat action of Fig. I, meas 1-2 twice.
5-8	Repeat action of Fig I, meas 3-4 twice.
9-12	Repeat action of meas 1-4.
13-16	Repeat action of meas 5-8.
	VII. <u>STAR</u>
1-4	M stay in place while W join L hands in ctr. in star formation and dance 4 waltz stps CCW.
5-8	Repeat action of meas 1-4 in opp direction.

Lublin Waltz (cont'd)

<u>Measures</u>	<u>Pattern</u>
9-12	W stay in place while men join L hands in ctr in star formation, and dance 4 waltz stps CCW.
13-16	Repeat action of meas 9-12.
	<u>VIII. LIFTS</u>
1-16	Repeat action of Fig I.
	<u>IX. BALANCE</u>
1-16	Repeat action of Fig II.

Presented by Lucille Wnuk